

Giving News

*We work with groups and individuals who want to help meet the needs of the people in Northland.
We encourage the spirit of giving as a means of improving our communities for everyone's benefit.*



Alice O'Keeffe and the Hearing Association Whangarei support Whangarei residents with hearing loss forever!

Alice O'Keeffe believed that less fortunate people from her town, Whangarei, should have access to hearing aids. Therefore, before she died she made sure of this with a gift in her Will to this particular cause.

With the assistance of the Northland Community Foundation O'Keeffe's dreams can become a reality her funds will be invested forever and the interest delivered out annually. Creating a legacy for Alice and will support Whangarei residents with hearing aids/ hearing assistive technology, forever.

Approximately \$400,000 has been gifted to the Northland Community Foundation from the Whangarei Hearing Association and Alice O'Keeffe Bequest. The Funds will be invested for perpetuity and the interest earned from the invested funds will be distributed annually to Deaf Aotearoa - Whangarei Branch to identify Whangarei residents in need. The planned date for distribution will be October/ November 2020.

Based on the current predicted gross average annual investment return of 5.4% in 30 years the original fund could grow to over \$719,116, after annual gifts back to the community! What a fantastic gift, thank you Alice O'Keeffe and Whangarei Hearing Association.

Please note: The investment figures in this article are based on current predictions from our financial advisers and are only indicators of the investment performance. The investment market can be volatile and the figures are subject to change. We will update figures on our website on a regular basis.

The Northland Community Foundation's New Board



The Northland Community Foundation would like to provide a warm welcome to our four new Board members: Greg Innes is a Councillor for Whangarei District Council and Principal Director of Innes Strategy. Greg is also the Chair of the Bream Head Conservation Trust, Chair of Planning/ District Living, Deputy Chair of District Licensing Committee, Business Partner of Tech Solve Inc, and Corporate Partner of Alliance for Innovation USA.

Pip Zammit is our new Northland DHB representative on the Foundation Board. Pip is the Director of Allied Health, Science and Technology for the Northland DHB. Pip is the Service Manager of Oral Health and is also the Chair of the Northland Regional Clinical Governance Forum.

Megan Wills is a Director of Wills Westera, a boutique law firm in Whangarei. Megan is also the Treasurer for Volunteering Northland and Trustee of Te Hau Āwhiowhio ō Otangarei.

Nicola Hartwell is a lawyer at WRMK law firm in Whangarei. Nicola has recently moved to Whangarei from Auckland and fully immersed herself in the Whangarei Heads community. Nicola is a surf-lifesaving nippers coach, volunteers for the Bream Head Conservation Trust and Ocean Beach Landcare Group.



The Northland Community Foundation also has a new staff member, (LHS of photo) Dawn Folkard. Dawn is running our new Bequest Campaign proudly supported by the Tindall Foundation. Sophie Lane (RHS of photo) has also moved into a new role as the Operations Manager. Greta moves into a General Manager role (Centre).

Sarah from Sarah Marshall Photography took these lovely images. Don't hesitate to get in touch with Sarah if you need your professional photo taken:
<https://www.sarahmarshallphotography.co.nz/>

Image above: Northland Community Foundation Board members (from left to right): Richard Alspach, Nicola Hartwell, Richard Ayton, Gavin Buckingham, Greg Innes, and Brent Eastwood

Northland Grassroots Fund

The Northland Community Foundation via the Northland Grassroots Fund, grants around \$80,000 each year to worthy causes and charities.

This year the Northland Grassroots Fund distributed \$91,150 for Northland, thanks mainly to the Tindall Foundation and boosted by donations from generous Northlanders.

A total of 34 applications were received, requesting \$410,032. The Foundation had \$91,222 to allocate and decided on funding for 13 organisations.

Organisations funded were from all around Northland including: Whangarei, Dargaville, Mangawhai, Kaitia and Whangaroa.

Services funded included: early years support for children and parents, youth programmes, victim support, family support, emergency housing, and cultural programmes.



Applicant	Awarded Amount
Ngātiwai Trust Board	\$13,650
Home Interaction Parenting Programme for Youngsters (HIPPY) - Dargaville	\$8,000
Whangarei Youth Space	\$5,000
Victim Support	\$6,000
Whangaroa Kiwi Can Charitable Trust	\$10,000
Mid North Family Support	\$6,000
Dargaville Early Years Service Hub	\$15,000
Northland Pacific Islands Charitable Trust	\$5,000
Tai Tokerau Emergency Housing Charitable Trust	\$7,500
Rongopai House Community Trust	\$5,000
Dargaville Scout Group	\$3,000
Parent Port North Inc	\$5,000
Te Whai Community Trust Mangawhai	\$8,000
Total Allocated	\$91,150

Mid North Family Support Services and the 2019 Northland Grassroots Fund



Mid North Family Services can now offer more outreach counselling support for Māori tamariki in Okaihau/Kaikohe due to a \$6,000 grant from the Northland Grassroots Fund.

The Family Service has a registered child therapist, based in Kaikohe, that will provide this much needed service for 7 to 12 year olds.

The tamariki that are being referred, which they currently have no funding for, are witnessing horrific family violence, experiencing trauma, grief, depression and anxiety.

Kaikohe based child therapist Carol Atkinson will be providing this much needed support to 7 to 12 year olds who have witnessed horrific family

violence, experienced trauma, grief, depression and anxiety. Carol is a full registered member of NZAC and counsellor with experience working with Māori tamariki. The tamariki referred to the programme will learn how to process traumatic experiences. Which will assist with their general wellbeing, increased self-confidence, ability to relate pro-socially, minimise anger-management issues and create a deeper understanding of how to keep themselves and others safe. School teachers report tamariki that receive assistance from this programme are more present in class as they are not in fight/ flight mode. Their parents and caregivers also report that their tamariki are more confident and enjoy attending the programme.



Ngā Puhi Hokianga Ki Te Raki

In September 2018 Ngā Puhi Hokianga Ki Te Raki received a \$5,000 grant from the Northland Grassroots Fund for a Youth Coordinator. Ngā Puhi Hokianga Ki Te Raki is based in the rural area of Mangamuka, between Kaikohe and Kaitaia, and aims to be responsive to the needs and aspirations of its communities through education, information and support services. They deliver programmes for kaumātua (elderly), holiday programme for tamariki, Adult Community Education (whānau) and services for rangatahi (youth). The rangatahi hold weekly get togethers, and monthly they help to support the holiday and kaumātua programmes, gaining work experience and building confidence. They also manage their own fundraising, including a Matariki Dinner for 40-50 local people. For this annual event, the rangatahi take on the responsibility for shopping, cooking, serving and cleaning up.

The Youth Coordinator's role is to support and guide the rangatahi in their learning and development. This work has previously been carried out by volunteers. Using their Grassroots Fund grant they have now employed someone to fill this role. This has enabled them to build an environment for youth to feel welcome and comfortable, encouraging them to participate, grow and communicate. The rangatahi are also taking more responsibility for managing projects themselves, including a recent Miss Far North Beauty Pageant, followed by a mini pageant at the local Marae for the tamariki.

Local Leaders Elected to Northland Grassroots Panel

The Northland Grassroots Panel is made up of six volunteers from all over Northland. They meet once per year to review applications for funding from the Grassroots Fund, ensuring that the money goes where it will have the biggest impact.

As shown in the image to the right, existing panel members Terri Donaldson (Maungaturoto), Debbie Evans (Maungakaramea) and Rosemary Archibald (Kaitaia), will this year be joined by Kathrine Clarke (Hokianga), Nicola Hartwell (Whangarei) and Season-Mary Downs (Kaikohe). Panel member, Debbie Evans, says, "this fund helps smaller, local organisations who are making a difference in our Northland communities," and she encourages eligible groups to apply when the Fund reopens in May 2020.



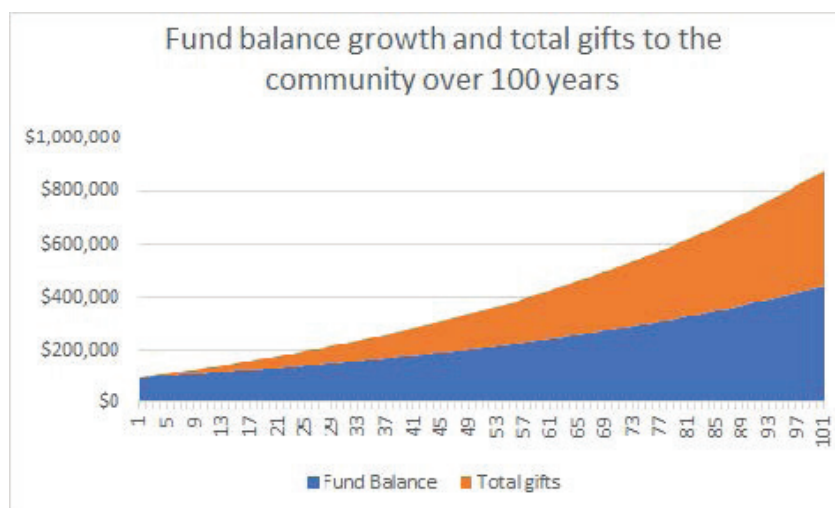
Make a Donation Today

You can donate to the Grassroots Fund and the Northland Community Foundation will deliver these funds out on your behalf to deserving groups like Ngā Puhi Hokianga Ki Te Raki.

Go to our website or fill in the attached form.

Anonymous Donor Donates \$100,000 to the Northland Fund!

The Northland Community Foundation has been gifted \$100,000 from the estate of an anonymous donor which will be invested and annual distributions gifted out. Based on the current predicted gross average annual investment return of 5.4% the Foundation could deliver out \$1,900 in interest after its first year of investment. With approximately \$70,000 gifted out after 30 years of investment of the fund balance could increase to over \$155,000 (see predicted graph of fund and distribution growth below).



Please note: The figures in this graph are based on current predictions from our financial advisers and are only indicators of the investment performance. The investment market can be volatile and the figures are subject to change. We will update figures on our website on a regular basis.

*What footprints
will you leave behind?*

Sorting out your Will

Sorting out your will is a task that is all too easy to put off, but things could get messy for those you leave behind if you die without a valid, up-to-date will.

Having a will gives you peace of mind that you have made the best provision possible for the people and causes you care about, making it easier on your family and friends if the worst should happen.

The Northland Community Foundation supports local community causes that could be important to you.

Kerikeri Village Community Trust Endowment Fund and Capital Works Fund

The Northland Community Foundation has partnered with the Kerikeri Village Community Trust to create two new funds: an Endowment Fund and Capital Works Fund. The Endowment Fund enables people's donations to be invested forever on behalf of the Kerikeri Village Community Trust. The interest generated from the invested funds will be used to purchase things that make life a bit more enjoyable for residents.



Things like a new bowls lawn, a new BBQ or a projector and other things that are on the residents' 'wish list'. The second is a Capital Projects Fund and that money will go towards large projects such as the expansion and improvements of the village's Care Facility and a new Social Centre. The Northland Community Foundation believes in making the process of donating simple and informed. Donors will be given all the options so they can decide how they want their donation to be used.

Nicky Wilkins 'Lunch and Learn' Community Workshop



We were so lucky to have Nicky Wilkins (ex manager of the highly successful Acorn Foundation) up from Tauranga this week. The Acorn Foundation has now reached \$30 million invested on behalf of its community and gifts out over \$1 million per year! Nicky provided two workshops, one for staff and Trustees of the Foundation and one for the community about Community Foundations, Endowment Funds and bequest fundraising. The community workshop 'Lunch and Learn' was a great success with 20 attendees. Groups included: Waipu Museum, Whangarei Museum, Mountains to Sea Conservation Trust, I Have a Dream Charitable Trust, Sistema Whangarei and Bald Angels Trust. Thanks again to everyone who was involved, to make it such a successful event!



Health Fund PLUS has been set up to provide a way for people to give to the Northland District Health Board (Northland DHB) by way of donations or endowments. Donations and gifts through this fund enable Northland DHB to purchase equipment and provide services that can make all the difference in providing the best quality healthcare possible.

This year, money has been raised by the local community to purchase four new Romeo recliner chairs for Dargaville Hospital. The New Zealand made Romeo recliner chairs are for patients and their families to use while staying at Hospitals. The Kaipara Community Health Trust with the support of Aratapu Hobson Trust, Northern Wairoa Lions, Dargaville Rotary, Health Fund PLUS and community donations managed to raise enough funds to purchase the chairs.



Image above: Dargaville Hospital Operations Manager Jen Thomas and Kaipara Community Health Trust Chief Executive Debbie Evans (left) and Representatives from Lions and Rotary Groups that helped fundraise for the Recliners.

Jim Carney Cancer Treatment Centre

We continue to receive gifts and donations from the public for the Jim Carney Cancer Treatment Centre (Oncology and Blood Services Centre). This enables the Centre to provide extra comforts to the patients or purchase extra equipment the Northland DHB cannot provide.

Recently the fund allocated a grant to support a Cancer Hui to be held in Hokianga to dispel some of the myths surrounding cancer treatment.

The memorial brick wall in the visitors room is nearly full, therefore the Centre would like to create a more interactive and family friendly memorial tree sculpture and garden under the trees to the right of the Centre's entrance. Trish Clarke Whangarei steel sculpturist is currently coming up with the concept design. We will need your support to create this beautiful new space so get in touch with Greta on 021 558 224 if you are interested in helping out.

We would also like to say a big thank you to the Centre's most recent donors for memorial bricks: Margaret Banks, H.J. Paton, Alison Vitali, and Gregory and Mabe Miller.

You can donate to the Treatment Centre via our website or fill in the attached donation form.

If you would like to purchase one of the few remaining brick memorials, please get in touch with us first to check they are still available.

Countdown Kids Hospital Appeal Campaign



The Countdown Kids Hospital Appeal 2019 was launched with a fantastic performance from the Whangarei Primary School kapa haka group at the Child Health Centre in Whangarei. Paul Maxwell acting group manager of Countdown attended the launch and said he hoped the passion that the Kapa Haka group had for their performance would be reflected by the community for the Appeal.

Paul said that Countdown work hard to make Kiwis lives a little better every day and at the heart of that support is the Appeal. Since the Appeal first began in 2007, Countdown customers and staff have raised \$12.8 million to support thousands of sick kiwi kids and their families around the country. Northland DHB Child, Youth, Maternal, Public & Oral Health general manager Jeanette Wedding told the audience over those 12 years Northland DHB has received \$860,000 of those funds.

The Face of the Countdown Kids Hospital Appeal for 2019 is four and a half year old Zane Williams. Zane is one of five New Zealanders diagnosed with a rare genetic variant that affects how his brain works and because of this he has been diagnosed with global developmental delay, intellectual impairment and autism. *"The team here all mean so much to Zane, our extended family and me. The mahi done here has helped so much to improve all of our quality of life. They have been there to support us in hard times and celebrations also. Always offering a hug, or more practical support when needed, like chasing him down the road if he got away from me."*



Nicole is proud to have Zane as the face of the Appeal because she says it goes a long way to helping families with children suffering from a range of illnesses and conditions, and it is very much appreciated. Northland DHB Child Health Services manager Yvonne Hunter said their wish list for 2019 includes new play equipment for the Whangarei Hospital Whānau House.

The Whānau House has on average 80 children per month staying overnight. Currently, there is no area for the children to play and lacks child proof fencing. Yvonne said they aim to use the money raised to create a more homely environment to ensure children are entertained and distracted while their families are dealing with their siblings spending time in hospital.



To donate to the Countdown Kids Hospital Appeal go to our donate page on our website: <https://northlandcommunityfoundation.org.nz/giving/funds/health/child-health-fund/>, or fill in the attached form.

Contact Energy Fund - Renal Services Team



The Contact Energy Fund has been a great success for renal patients in Northland. Since the first grant was offered in 2016, 24 patients have benefited from grants. In addition 46 patients and family members have attended seminars paid for by the Contact Energy Fund, providing patients with an opportunity to share their experiences and gain invaluable knowledge. Contact Energy originally donated \$28,200 to invest and requested that 50% of the fund was distributed each year for lower income renal patients.

The Renal Services Team identify patients in need of assistance and the \$500 grant can be allocated for payment of power bills, assistance with purchasing furniture and household equipment which can make their treatment of dialysis at home just that much more bearable.

One of the patients who received a grant from the Contact Energy Renal Fund was Desiree Goldsmith from Ruakaka. Desiree received a grant to go towards her hefty power bills to keep her lifesaving dialysis machine operating. Desiree says that she would be stressing without this support, which in turn would make her sick *"It's a lifesaver, I just couldn't have coped and I am so thankful to Contact Energy."*

As this fund draws to a close Health Fund PLUS would like to encourage donations from our community to grow the Fund and provide this 'lifesaving' support to Northland renal patients.

If you are interested in assisting please get in touch with the Foundation at info@northlandcommunityfoundation.org.nz



Renal Treatment Centre and Mr Rental Whangarei

Mr Rental Whangarei kindly donated a year's worth of bike hire for the Renal Treatment Centre! The bike will assist patients with restless legs syndrome pre and post dialysis, and also assist with reducing anxiety. The bike will also raise awareness of a healthy lifestyle to promote weight loss, muscle development and the importance of keeping an active mind. Thanks Mr Rental Whangarei!

Dairy Goat Cooperative and the Special Care Baby Unit

Thanks to a generous donation from Dairy Goat Co-operative Trust to the Northland District Health Board via Health Fund PLUS, a time-saving device has been installed into the Whangarei Hospital Special Care Baby Unit (SCBU) enabling staff to analyse test results faster.

The new i-STAT Alinity Analyser is an advanced, easy-to-use, portable system that delivers real-time, lab-quality blood test results at the point of care. The system allows staff to take the technology to babies in the unit to do on-the-spot blood tests. SCBU associate clinical nurse manager Merophy Brown says being able to see results within minutes, instead of having to leave the unit and wait around for bloods to be processed in the lab and uploaded to Concerto, saves vital time and ensures care is appropriate for the current clinical picture. It has been especially useful if they have a baby with low blood sugars because they can treat them promptly, reducing any harm.



Health Fund PLUS Scholarship Fund

Four Northland District Health Board staff via the Health Fund PLUS Fund benefited from a scholarship that encourages staff to further their education. The scholarship was made possible by an anonymous \$50,000 donation.

Workforce and wellbeing manager, Catherine Parker said they received 40 scholarship applications. The selection panel narrowed these down to 16 before the final four were chosen. A portion of the original grant will be distributed to the successful applicants for the 2018/19 academic year and the balance of the monies will be invested for future distribution through Health Fund PLUS.

The four successful applicants were Auriol Cook, Amanda House, Glenys Epiha and Daryn Thompson. Glenys, one of the recipients, is a health care assistant at the Jim Carney Cancer Treatment Centre. She is studying through the Southern Institute of Technology for a NZ Certificate so that she can go on to be a registered Nurse.



Mangakahia Lions Club new Sleep Apnoea Monitor

The Mangakahia Lions Club have kicked off their 50th anniversary celebrations by donating funds to Health Fund PLUS to purchase lifesaving equipment for the Special Care Baby Unit (SCBU) at Whangarei Hospital. The funds were used to purchase a new sleep apnoea monitor for use on premature babies in SCBU. These monitors check the respiratory rate of infants, and if they stop breathing for more than 20 seconds, an alarm will sound. SCBU associate clinical nurse manager Merophy Brown said having a new sleep apnoea monitor to use in the Unit means they can share other units they have with the Children's Ward and lend them out to parents who need to monitor their babies after they leave the hospital.

Little Jay Junior (JJ) Thompson used the monitor when it arrived in the Unit. JJ was born in March at just 27 weeks at Auckland Hospital. He weighed 805 grams at birth and spent his first two months in the Newborn Intensive Care Unit in Auckland before being transferred to SCBU where he has been for the past four months. Now JJ is a healthy nine pounds, his parents John and Tania Thompson get to take him home with the aide of oxygen and a monitor.

Tania said it means a lot to have this equipment donated and she is extremely thankful to all the staff that have helped them out since he was born. The Club raised the \$1880 required for the equipment by cutting and selling over 100m³ of firewood and held several golf tournaments all with the goal of supporting children in hospital. Club president Ray Webb said because nearly all their club members have children and grandchildren, they understand how valuable equipment like this is for the community.



Trustees / Ambassadors



Brent Eastwood



Gavin Buckingham



Season Downs



Nicola Hartwell



Greg Innes



Megan Wills



Richard Alspach



Richard Ayton



Pip Zammit



Ritchie Guy



Dr Shane Reti



Kevin Prime

Make a donation or Bequest

Thank you for your interest in becoming a donor - There are a number of ways that you can donate: by adding a bequest to your Will, or donating via cheque, credit card or internet banking

Donate by internet banking

You can pay directly into our bank account. The details are listed below:

The Northland Community Foundation Trust Account
Bank and branch number – 02 0492
Account number – 0042089 004

Donate by Credit Card

www.northlandcommunityfoundation.org.nz/donate/credit-card/

Send us a cheque

And fill out the form below and post to:
The Northland Community Foundation
PO Box 10011, Te Mai,
Whangarei 0143.

Make a gift through your Will (bequest)

Please fill in the form below and post to the Northland Community Foundation, or email us on:
info@northlandcommunityfoundation.org.nz

Thank you to our supporters:



Yes, I want to give something to my local community

Name: _____ Phone: _____

Email: _____ Address: _____

I would like to donate ☐ or make a bequest ☐

Charity Funds:

- ☐ Waipu Museum Fund
- ☐ Mountains to Sea Fund
- ☐ Puketi Forest Fund Volunteering
- ☐ Volunteering Northland Fund
- ☐ I Have a Dream Fund
- ☐ Other Fund (Please specify): _____

Local Area Funds:

- ☐ Northland Fund
- ☐ Far North Betterment Fund
- ☐ Northern Wairoa Fund
- ☐ Waipu Endowment Fund

Health Funds:

- ☐ Health Fund Plus
- ☐ Cancer Centre Fund
- ☐ Child Health Fund

For perpetuity ☐ Or for gifting out now ☐

Paid by

- ☐ Internet banking
- ☐ Cheque enclosed